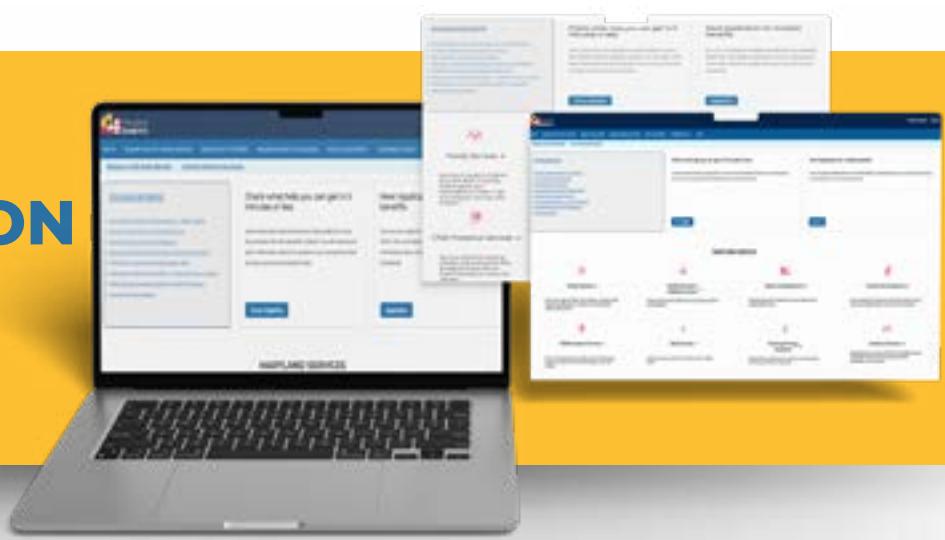




# Get the Help You Need — Faster, Easier, All in One Place!

## THE MARYLAND ONE APPLICATION

Marylanders can apply  
for public benefits,  
all in one simple form!



## APPLY ONCE. GET CONNECTED TO MANY PROGRAMS.

### What Can You Apply For?

With the Maryland One Application, you can apply for:

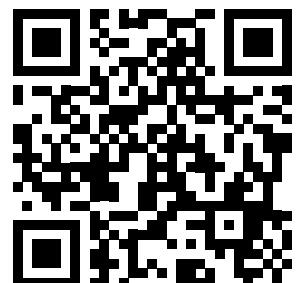
- SNAP (Food Stamps)
- Medicaid
- Temporary Cash Assistance (TCA)
- Women, Infants, and Children (WIC)
- OHEP Energy Assistance

### Why Use the One Application?

- One simple form – no more filling out multiple applications
- Only takes about 30 minutes
- Mobile-friendly – apply from a phone, tablet, or computer
- Secure and private system

### HOW THE APPLICATION PROCESS WORKS

1. **Create an Account:** If you already have an existing account with the State of Maryland, simply log in.
2. **Check Eligibility:** Answer a few questions to see which benefits might work for you.
3. **Fill out the Application:** If it looks like you might qualify, you can fill out the full application and submit!



[marylandbenefits.gov](http://marylandbenefits.gov)

**Need help? Call: 1-800-332-6347**

Brought to you by: Maryland Department of Human Services & Maryland Health Department  
*Working together to make benefits access easier for Marylanders.*