



Get the Help You Need — Faster, Easier, *All in One Place!*

THE MARYLAND ONE APPLICATION

Marylanders can apply
for public benefits,
all in one simple form!



APPLY ONCE. GET CONNECTED TO MANY PROGRAMS.

What Can You Apply For?

With the Maryland One Application, you can apply for:

- SNAP (Food Stamps)
- Medicaid
- Temporary Cash Assistance (TCA)
- Women, Infants, and Children (WIC)
- OHEP Energy Assistance

Why Use the One Application?

- One simple form – no more filling out multiple applications
- Only takes about 30 minutes
- Mobile-friendly – apply from a phone, tablet, or computer
- Secure and private system

HOW THE APPLICATION PROCESS WORKS

- 1. Create an Account:** If you already have an existing account with the State of Maryland, simply log in.
- 2. Check Eligibility:** Answer a few questions to see which benefits might work for you.
- 3. Fill out the Application:** If it looks like you might qualify, you can fill out the full application and submit!



marylandbenefits.gov

Need help? Call: 1-800-332-6347

Brought to you by: Maryland Department of Human Services & Maryland Health Department
Working together to make benefits access easier for Marylanders.